

## TRAVEL ADVISOR

*We would like to share some recommendations for your next trip.*

### CLIMATOLOGY:

Tanzania has very similar temperatures throughout the year.

- From December to April the 28th-32 ° diurnal and during the night fall to 12th - 18 °.
- From May to August the temperatures during the day oscillate between 20-25 ° and at night can go down to about 10-15 °
- From September to November they will be around the 25th -28 ° and during the night they fall to 12th -18 °.

Note: Remember that one of your nights will be near the Ngorongoro crater (2200m) where night temperatures can go down to 3 ° Celsius / 37 F.

There is also a heavy rainy season that runs from late March to Mid April, but shorter rains can also occur from late November to the end of January.

On time there may be rainy days counted in May and even early June.

It is recommended to wear warm clothes and a raincoat or Gore-Tex for possible cold nights and rains.

### MONEY:

We recommend taking euros or USDs in cash as there are no ATMs at some locations. At lodges and tourist related places such as souvenir shops Euros and USD are widely accepted. Once in Tanzania you can change to local currency in order to make the purchase of souvenirs or personal expenses.

We remind you that if you decide to bring American dollars cannot be prior to 2006 as they are not accepted in Tanzania. Watch this because European or American banks do not take it into account when you give the tickets. Check when you pick them up at your bank.

## TIPS:

In East Africa, like all Anglo-Saxon countries, the use of tips is widespread and important. Allow \$ 20 to \$ 40 per day per vehicle for the driver / guide and \$ 2 to \$ 5 per day in the lodges and / or hotels..

## VISA:

You will need visas for entry to Kenya and Tanzania. Though you can get these in Africa, your travel will go smoother if you get them in advance through the respective embassies.

Make a photocopy or list of the following items:

- Passports (including the page with the visa stamped in them and the pages with photos and data)
- Plane tickets,
- Yellow booklet showing your yellow fever vaccination,
- List of all medications you might require,
- Listing of all travelers' cheque numbers,
- List of serial numbers for cameras, etc.

Its highly recommended to keep this list someplace apart from where you keep these other items

Keep track of your passport above all. Loss of a passport can destroy your trip and cost considerable money during the time required to replace it.

Please be aware that with immediate effect all international airports have changed the process of issuing visas on arrival.

Guests arriving in Kilimanjaro/Julius K Nyerere /Amaan Abedi Karume without a visa now need to complete the following process:

- Queue for a Government Control Number
- Queue to pay for this at the bank
- Queue for Immigration to check and issue the visa

We would really appreciate your help in letting our guests know about this change, and strongly recommending that those that still have time before they travel apply for their Tanzania visa online at [www.immigration.go.tz](http://www.immigration.go.tz).

The online process asks for more information than a visa on arrival and are issued within 2 - 3 weeks.

The changes at airport has meant that the visa on arrival process can take in excess of two hours, and we'd really prefer that our guests do not have to go through that.

We've been reassured that measures are being put in place to make this quicker, but until that happen, we feel that the above recommendation is our best bet.

### WHAT TO DO IN CASE OF BAGGAGE LOST AT THE AIRPORT:

We naturally hope you don't lose your bags, but it does happen. On your international flight, pack as if the airline might lose your bags.

Keep things you will need right away in your carry-on. It seldom happens, and almost always the bags arrive a couple of days later, but this way, if the bags do not arrive with you, you will be able to continue on your safari while the airline finds them.

If your bags do not show up, do the following:

- Report the problem to your air carrier **INSIDE THE AIRPORT** at the Baggage Claim - before passing the CUSTOM -and fill out the required paperwork.
- Request compensation for your inconvenience (often \$50.00 for emergency purchases and a bag with simple toiletries and a tee shirt)
- Ask them when they expect the bag will arrive and tell them where you will be based on your itinerary.
- **LEAVE THE KEYS AND/OR COMBINATIONS WITH THE AIRLINE** so they can clear the bags through customs.
- Ask the airline to go with you to advise Customs Officer that bags were lost so there will be no problems further in getting your bags cleared when they arrive.

- Tell your safari driver and ask his office work with the airline to get your bags to you at the earliest convenience.

Sometimes baggage may be sent to our office, we can either keep them until your last day for collection or forward them to you. In case there are any costs involved for shipping your bag, we will invoice you the raised charges. Also contact your travel insurance on how to proceed.

### VACCINES:

Immunization against endemic diseases of the area to be visited should be provided at least 2 months in advance. Specialized medical centers will be the ones that dictate which vaccines should be given and their schedule. Please contact your nearest center once you decide travelling.

Tetanus and polio need to be included if more than 10 years have elapsed since the last vaccination.

The vaccination card should always accompany you during the trip. Because vaccination will depend on our prior vaccination status, where you go and especially the time you have between the administration of the vaccines and the start of the trip, the prescription must be made by doctors in international vaccination centers or specialized, after a personalized consultation.

*Recommended:* Tetanus, polio, diphtheria and hepatitis B, hepatitis A and tuberculosis. In extended stays or trips outside the tourist circuits: rabies and typhoid fever. It is mandatory to be vaccinated against yellow fever as there are areas infected with this viral disease on mandatory declaration in this region. Antimalarial treatment for Malaria is also recommended, but not mandatory.

*First Aid Kit* is highly recommended. It's helpful to have the essential medicines for an emergency cure or for minor diseases that may surprise us. You should include medicines that we are usually using in enough quantity to cover the entire travel period. People with allergic problems should provide appropriate medication to treat an allergic crisis if it occurs. Please note the length of the trip. Take your usual medication in enough quantity.

*Hydration:* Drink with plenty to avoid dehydration. Avoid consumption of unbottled beverages. Drink only drinks that offer enough health guarantees. Depending on the area to visit, avoid using ice cubes or drinking tap water. It can transmit infectious diseases. Always

drink bottled water and have it opened in front of you or treated. In rural areas it rejects ice cubes that could be prepared with contaminated water. Wash your teeth with drinking water.

*Take care of meals:* Avoid strong meals, raw foods, meals from the street sale, paying special attention to the hygienic conditions of the places chosen to eat. Do not eat raw or semi-cooked foods (salads, meat, fish, vegetables, seafood). Avoid eating fruit without peeling. Do not consume milk or derivatives without a hygienic warranty or boil for 15 minutes. Be careful with pastries and ice cream for its easy contamination.

## TRAVEL INSURANCE TO TRAVEL TO AFRICA

Travel insurance is essential for any trip to Africa. There are many insurance companies around the world and we strongly recommend looking for the most suitable for your kind of trip.

Comprehensive Travel Insurance is compulsory for everyone booking trips with Admire Tanzania, assuring that covers you for the full duration of your trip both financially and medically.

Before travelling guests will provide information about their travel insurance company, the contact details and policy numbers.

Make sure that Comprehensive insurance will cover you for:

- Trip cancellation and interruption
- Travelling delays
- Loss, theft or damage to baggage and baggage delays
- Medical expenses with emergency medical transportation and medication.
- Robbery and accidents
- Collision damage for rental cars

We recommend you buying your travel insurance within seven days of paying the deposit on your trip.

This way you can get insured for your trip deposit and financial default by airlines and safari operators, as well as preexisting medical conditions. Purchasing travel insurance when you book your trip covers you in case you get sick or injured before the departure date, or if one of the companies you are planning to travel with folds or defaults.

From Admire Tanzania we remind you that comprehensive insurance will cover anything from minor injuries and the flu to more serious accidents that may require time in hospital. In the case of serious injuries an early flight back home may even be required, which is when you really cannot afford to be without comprehensive cover.

Further you can also have unforeseen Travelling Expenses and comprehensive travel insurance will cover you for a wide range of eventualities, ranging from flight and baggage delays to return flights for a close relative's funeral.

Having travel insurance means that you won't be stuck with your travel plans if things change or go wrong along the way.

Most travel insurance companies require pre-evacuation authorization, which can be difficult, if not impossible, to arrange when you are in remote bush locations where there are no telephones. Check with the insurance company whether authorization is required before medical evacuation, so that you can find out how to deal with this clause and work around it in a worst-case scenario.

It's a good idea to sign up with a company that aids with medical evacuations, particularly if you are travelling to remote areas and participating in high risk activities.

### CHECK YOUR CREDIT CARD COVER:

Often guests are covered to a certain extent if they book flights with their Credit Cards, but this cover is usually limited. Check with your credit card company the following:

- Comprehensive cover provided
- Duration of the cover
- Any excess amounts that you will have to pay
- Contact in the case of an emergency

### Not Covered with Comprehensive Insurance

Travel insurance does not always cover political conflicts (war-related events) and threats from terrorism, although some policies do. These are incidents that you can ask your tour operator about to check if cancelled trips would be refunded and postponed trips arranged without extra charges. Please also check COVID19 special conditions.

## PACKING TIPS

Assuming that you intend on traveling on safari during your stay in Africa, you should make every effort to pack your belongings into one large waterproof duffel bag or backpack and one 'carry on' style bag for cameras, valuables and day trips.

Chances are you will have limitations in your safari vehicle and, in some cases, travel on small aircraft (if part of your itinerary) limits you to 15 kgs / 33 pounds. If you plan on doing a lot of souvenir shopping, you might consider carrying another bag tucked in your suitcase to help judge your limits.

Important - For persons crossing the Atlantic Ocean from North America and connecting in Europe to Africa, International air carriers limit carryon bags to one and checked bags to two per passenger.

*\*Drones are NOT allowed in Tanzania and a custom bond may be demanded from travelers bringing in professional video/filming equipment to ensure goods are re-exported.*

Persons departing from Europe have weight restrictions on bags as well, varying with the carrier. If you are doing a lot of traveling and need to carry more than the suggested items, keep in mind that you may be required to leave them at the town hotel. Laundry service in Africa is often a bargain.

Advice - The customs and culture of East Africa, especially in coastal areas and Zanzibar are conservative. Revealing or very tight clothing should be avoided.

## PACKING CHECKLIST

MEN'S CLOTHING (suggestions):

- 1 pair of comfortable shoes that would be appropriate for a nice restaurant
- 1 pair of sturdy shoes or boots for hiking, preferable waterproof\*
- 1 pair of sandals to use when walking to the shower at camps, etc.
- 3-4 pair of socks
- 1 nicer long slacks for use in restaurants (please note that shorts are not appropriate in Zanzibar Town/Pemba)

- 1-2 pair of long casual slacks
- 1-2 pair of shorts
- 1-2 belts
- 1-2 swimming suits
- 3-4 golf/tee shirts
- 2 long sleeve casual shirts
- 1 dress shirt (tie optional depending on if you think you might visit a top restaurant)
- 1 sweater or light jacket
- 1 rain poncho
- 1-2 hats (VERY IMPORTANT FOR SUN PROTECTION) \*
- 1 pair sunglasses\* Prescription glasses if used with back-up pair suggested (note: contact lenses are difficult to use on safari due to the high amount of dust.)

#### WOMEN'S CLOTHING (suggestions):

- 1 pair of comfortable shoes that would be appropriate for a nice restaurant
- 1 pair of sturdy shoes or boots for hiking\*
- 1 pair of sandals to use when walking to the shower at camps, etc.
- 3-4 pair of socks
- 1-2 pair of panty hose 1 nicer skirt for use in restaurants (please note that shorts are not appropriate in Zanzibar Town/pemba)
- 1-2 pair of long casual slacks
- 1-2 pair of shorts
- 1-2 belts
- 1-2 swimming suit
- 3-4 casual short sleeve blouses
- 2 long sleeve casual blouses
  
- 1 sweater or light jacket 1 rain poncho
- 1-2 hats (VERY IMPORTANT FOR SUN PROTECTION)\*
- 1 pair sunglasses\* Prescription glasses if used with back-up pair suggested (note: contact lenses are difficult to use on safari due to the high amount of dust.)



## TOILETRIES:

- Tooth brush
- Tooth paste
- Razor
- Shaving cream and other toiletries with you as those available in Africa are expensive and often not of good quality.
- Insect repellent with Deet. \*
- Sunscreen with high level of protection\*
- Common drugs such as aspirin, cough drops, Pepto Bismol, etc. Vitamins that you might normally take. If you suffer from motion sickness, don't forget to use your preferred medication – patch or tablets.

## ACCESSORIES:

- Binoculars
- Water bottles
- Pens, paper, journal
- A good novel or two
- Zip-Lock type bags to keep the dust and moisture out of stuff and keep your wet swimsuit in
- A couple large plastic trash bags to wrap stuff in should it rain (your bags may travel on racks on top of the vehicle)
- Money belt or similar. The best is a pouch that fits in front inside your shirt or slacks.

## *Safari Njema*

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